

# Senior Area Suggested Home Learning Timetable



8:30am-9am

## Start Of Day Activity (S.O.D.A.)

- choose an activity from your Google Classroom, class weebly or home learning pack

9am-10am

## GET MOVING



- do something that gets your heartrate up (eg GoNoodle, Just Dance, Les Mills On TVNZ)
- go for a walk / scooter / bike ride with someone from your bubble
- have a quick snack and get a drink so you're ready to learn



10am-11am

## LEARNING TIME

- choose activities from your Google Classroom, class weebly or home learning pack

11am-12pm

## CREATIVE TIME



- drawing, crafts, LEGO, blocks, magnetics, baking, sing, make music

LUNCH

- mix it up! - get dressed up for lunch, have a picnic in your backyard



1pm-2pm

## LEARNING TIME

- choose activities from your Google Classroom, class weebly or home learning pack



2pm-3pm

## FREE LEARNING

- **explore curiosity** - things you're interested in
- **explore creativity** - make or create anything you want. Projects can be big or small
- **explore skills** - practice a skill you have that you'd like to get better at

MAKE  
Your  
CHOICE

## OPTIONAL ACTIVITIES

- play outside - keep it local and keep it in your bubble
- watch learning channel on TV
- cooking / baking
- play a board game or do a puzzle
- read / sing / dance / create
- help around the house or garden

Remember to keep;

- drinking lots of water during the day
- making healthy choices with your snacks
- active and enjoy your local area
- getting lots of sleep



# Allenton School

Together we learn and grow

*Me akotahi hei oranga mō te katoa*